



Coaching Methods: The Basics



Coaching methods are ways to support a teacher with accomplishing an established goal. Prior to implementing these methods, the coach and teacher should have a shared understanding of the specific focus. After implementing the coaching method, a related next step should be identified and time for follow up should be scheduled.

Method	Description	Actions to Increase Effectiveness
Modeling	<i>Showing how to use a specific instructional practice in context.</i>	<ul style="list-style-type: none"> • Clarify the focus and set purpose for the observing teacher • Create opportunities for teacher reflection <i>during</i> the lesson: <ul style="list-style-type: none"> ○ Have a partner with the observing teacher to point out key instructional moves ○ The coach can communicate key instructional moves with the observing teacher during natural breaks throughout the modeled lesson ○ Provide a note-catcher to reflect and identify specific instructional moves
Co-Teaching	<i>Working side by side to implement a specific instructional practice where each adult has a planned role.</i>	<ul style="list-style-type: none"> • Determine what co-teaching strategies will be used and how you will teach collaboratively: <ul style="list-style-type: none"> ○ One Teach, One Observe - The “teacher” has primary instructional responsibility while the “coach” gathers specific observational information on students or the teacher <ul style="list-style-type: none"> ■ Plan for opportunities for both adults to teach <i>and</i> observe ○ One Teach, One Assist - The “teacher” has primary instructional responsibility while the “coach” assists students with their work, monitors behaviors, and/or assists with formative assessments • Ensure both adults have a planned role during each part of the lesson
Data-Driven Coaching	<i>Observing the classroom environment to collect data on the use of a specific instructional practice.</i>	<ul style="list-style-type: none"> • Collect data on the use of a specific instructional practice • Share data collection with teacher • Set a numerical goal to improve the use of the instructional practice • Provide coaching support to improve the instructional practice (video examples, articles, modeling, observation, etc.) • Observe to collect data and determine if goal was met



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Method	Description	Keys to Increase Effectiveness
Co-Planning	<i>Creating and/or internalizing a lesson plan with the teacher.</i>	<ul style="list-style-type: none"> • Create lesson plan <ul style="list-style-type: none"> ○ Write manageable lesson objectives grounded in benchmarks ○ Plan how critical content will be presented to students and how students will practice independently ○ Determine how student learning of the lesson objective will be measured • Internalize lesson plan <ul style="list-style-type: none"> ○ Internalize and rehearse key parts of the lesson <ul style="list-style-type: none"> ■ Include the 'I do' and all key instructions ○ Build time stamps into the lesson plan • Observe the implementation of the lesson to provide specific feedback
In the Moment Coaching	<i>Giving instructions on what to do next in real time.</i>	<ul style="list-style-type: none"> • Collaboratively determine a discrete way to provide cues and prompts during the lesson (whiteboard, hand signal, an earpiece, whisper cues, etc.) • Provide a cue or prompt to reaffirm or redirect teacher actions throughout the lesson • Circulate to monitor students understanding <ul style="list-style-type: none"> ○ Call attention to students that need additional support
Video Coaching	<i>Reviewing a recorded lesson and collaboratively analyzing key parts.</i>	<ul style="list-style-type: none"> • Discuss purpose and focus of lesson review • Record the lesson • Analyze the video lesson with agreed-upon focus • Converse about ways the teacher can improve upon the focus
Providing Feedback	<i>Providing the teacher with actionable feedback to accelerate improvement.</i>	<ul style="list-style-type: none"> • Provide feedback around prioritized look-for(s) • Set a goal for improvement • Discuss what success looks like • Determine one bite-sized action step • Conduct a follow-up observation and provide actionable and aligned feedback